

Autumn / Winter 2022 / 23  
 5/9, 26/9, 17/10, 7/11,  
 28/11, 19/12, 9/1, 30/1

# What's On The Menu?

**MONDAY**  
Authentic Italian

**TUESDAY**  
Family Faves

**WEDNESDAY**  
Baking British

**THURSDAY**  
Food Festival

**FRIDAY**  
Fun Day



**Beef Bolognese**  
With Wholegrain Penne Pasta, Garlic Bread & Green Salad

**Cowboy Pie**  
Mash topped Sausage & Bean Pie with Carrots

**Roast Chicken Sage & Onion Stuffing**  
Crispy Roasties & Fresh Veggies & Gravy

**Mild Chilli Beef & Cheese Homemade Nachos**  
Oven Baked Potato Wedges & Sweetcorn

**Golden Fish Fingers (MSC)**  
Choose Salmon or Pollock, Chips & Baked Beans



**Veggie Bolognese**  
With Wholegrain Penne Pasta, Garlic Bread & Green Salad

**Veggie Cowboy Pie**  
Mash topped Veggie Sausage & Bean Pie with Carrots

**Cheese, Veg & Spinach Puff Pastry Roll**  
Crispy Roasties & Fresh Veggies & Gravy

**Cheese & Veggie Homemade Nachos**  
Oven Baked Potato Wedges & Sweetcorn

**Crispy Bean & Vegetable Fingers**  
Chips



**Hot Tomato Pasta**  
with or without Grated Cheese on top



**Crispy Skin Jacket Potatoes**  
Choice of Tasty Toppings



**Pick & Mix Packed Lunch**  
Freshly filled sandwich or roll, healthy snack, home bake dessert & a piece of fruit



**Toffee Apple Slices**  
topped with Vanilla Ice Cream

**Crispy Chocolate Cornflake Cakes**

**Golden Syrup Sponge**

**Pineapple Upside Down Cake**

**Chewy Flapjack**



AVAILABLE EVERY DAY



Homemade Bread, Salad, Choice of Fresh Fruit & Yoghurt



Autumn / Winter 2022 / 23  
 12/9, 3/10, 24/10, 14/11,  
 5/12, 26/12, 16/1, 6/2

# What's On The Menu?

**MONDAY**  
 Authentic Italian

**TUESDAY**  
 Family Faves

**WEDNESDAY**  
 Baking British

**THURSDAY**  
 Food Festival

**FRIDAY**  
 Fun Day



The Main Event



Meat Free Magic



Pasta Stop



Jacket Bar



Packed Lunch Station



Dessert Stop

**Meat Free Monday!**

Choose either our tasty Margherita Pizza or our Veggie Supreme

Served with Pasta Salad & Mixed Crudites

**Classic Beef Burger**

in a Bun with Oven Baked Wedges & Garden Peas

**Super Veggie Burger**

in a Bun with Oven Baked Wedges & Garden Peas

**Roast Chicken Sage & Onion Stuffing**

Crispy Roasties & Fresh Veggies & Gravy

**Veggie Sausage & Root Veg Traybake**

Crispy Roasties, Fresh Veggies & Gravy

**Not So Spicy Chicken Tikka Masala**

Wholegrain Rice, Turmeric Carrots & Peas

**Creamy Vegetable Korma**

With Wholegrain Rice, Turmeric Carrots & Peas

**Golden Fish Fingers (MSC)**

Choose Salmon or Pollock, Chips & Baked Beans

**Crispy Bean & Vegetable Fingers**

Chips

**Hot Tomato Pasta**  
 with or without Grated Cheese on top

**Crispy Skin Jacket Potatoes**  
 Choice of Tasty Toppings

**Pick & Mix Packed Lunch**  
 Freshly filled sandwich or roll, healthy snack, home bake dessert & a piece of fruit

Jelly & Fruit Slices

Marble Sponge Cake

Chocolate Brownie

Apple Sponge Cake

Crunchy Vanilla Cookie

**FOOD FESTIVAL**  
 By Aspens

AVAILABLE EVERY DAY



Homemade Bread, Salad, Choice of Fresh Fruit & Yoghurt



**Week Two**

Autumn / Winter 2022 / 23  
 19/9, 10/10, 31/10, 21/11,  
 12/12, 2/1, 23/1, 13/2

# What's On The Menu?

**MONDAY**  
Authentic Italian

**TUESDAY**  
Family Faves

**WEDNESDAY**  
Backing British

**THURSDAY**  
Food Festival

**FRIDAY**  
Fun Day



**Cheese & Tomato Pizza Melt Baguette**  
with Wholegrain Pasta & Sweetcorn Salad

**Toad in the Hole**  
with Creamy Mash, Green Beans & Gravy

**Roast Chicken & Sage & Onion Stuffing**  
with Crispy Roasties & Fresh Veggies & Gravy

**Homemade Chicken Nuggets**  
with Oven Baked Wedges & Broccoli

**Golden Fish Fingers (MSC)**  
Choose Salmon or Pollock, Chips & Baked Beans



**Tomato & Mozzarella Gnocchi Traybake**  
with Wholegrain Pasta & Sweetcorn Salad

**Quorn Toad in the Hole**  
with Creamy Mash, Green Beans & Gravy

**Quorn Roast**  
with Crispy Roasties, Fresh Veggies & Gravy

**Crunchy Topped Macaroni Cheese**  
with Oven Baked Wedges & Broccoli

**Baked Beans & Vegetable Fingers**  
Chips



**Hot Tomato Pasta**  
with or without Grated Cheese on top



**Crispy Skin Jacket Potatoes**  
Choice of Tasty Toppings



**Pick & Mix Packed Lunch**  
Freshly filled sandwich or roll, healthy snack, home bake dessert & a piece of fruit



Sticky Banana Pudding

Chocolate Oat Cake

Vanilla Sprinkle Sponge

Apple Crumble

Shortbread

**FOOD FESTIVAL**  
By Aspens

AVAILABLE EVERY DAY



Homemade Bread, Salad,  
Choice of Fresh Fruit & Yoghurt



Week Three